

COVID-19, our clinic and you.

Due to the nature of our business and the impossible social distancing aspect, we are temporarily discontinuing Therapeutic massage treatments in order to honour our top priority, keeping you healthy.

Your therapist may choose to continue to offer massage to you and if that is the case, your RMT will contact you to confirm your treatment and time. If you do not hear from your RMT, please consider the treatment has been cancelled.

At this time there will be no online bookings nor confirmation of appointments thru Mindbody, our software site. Silence means no massage. Only direct contact with your RMT will ensure an appointment.

The phone will continue to be answered so please, if you want to contact your RMT directly, leave a message and it will be passed along to the Therapist ASAP.

Hopefully this is a time for reflection and family. Please take advantage of the opportunities this presents. If all goes well, we will see you in a couple of weeks.

Stay healthy, sleep well, exercise and eat well. We'll update this at the end of March.

Thank you for your understanding.

All of us here at White Rock Massage Therapy clinic wish you immunity!